

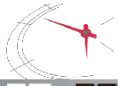


Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
1		1	00:35:13	Harrou, Issa	147		Fechenheimer Laufftreff 20	1979	1	M30	03:31,3
2		2	00:35:20	Spangenberg, Markus	150		ASV Duisburg	1965	1	M45	03:32,0
3		3	00:35:57	Dorn, Volker	292		Ruhrorter TV	1962	2	M45	03:35,7
4	W	1	00:35:58	Rötger, Stephanie	285		Bochum	1972	1	W35	03:35,8
5		4	00:36:03	Willuweit, Tobias	122		TG Neuss	1978	2	M30	03:36,3
6		5	00:36:18	Eickel, Klaus	302		LGO Bochum	1985	1	MHK	03:37,8
7		6	00:36:31	Radtke, Mathias	2		DJK Vierlinden 28	1966	1	M40	03:39,1
8		7	00:36:37	Arei, Pietros	290		LG Wuppertal	1969	2	M40	03:39,7
9		8	00:37:08	Lawrenz, Leif	289		ESV Meiderich	1980	3	M30	03:42,8
10		9	00:37:14	Roßkothen, Jens	234		Sportklinik Duisburg	1970	3	M40	03:43,4
11		10	00:37:32	Voll, Ulrich	287		Rumelner TV	1962	3	M45	03:45,2
12		11	00:37:35	Albracht, Mark	303		Voerde	1970	4	M40	03:45,5
13		12	00:38:48	Heldt, Carsten	306		Wermelskirchen	1977	4	M30	03:52,8
14		13	00:39:07	Gast, Klaus	271		Duisburg	1965	4	M45	03:54,7
15		14	00:39:09	Salto de la Riva, Miguel	68	ESP	Madrid Feuerwehrmann	1964	5	M45	03:54,9
16		15	00:39:26	Lunke, Christian	277		Dortmund	1965	6	M45	03:56,6
17		16	00:39:40	Bleckmann, Jan	194		OSC 04 Rheinhausen	1992	1	MJugA	03:58,0
18		17	00:39:46	Buchholz, Marcel	109		Marathon Rheinberg	1978	5	M30	03:58,6
19		18	00:40:05	Haentjes, Peter	283		VT Kempen	1957	1	M50	04:00,5
20		19	00:40:29	Butzer, Martin	107		FC Stoppenberg LT	1967	5	M40	04:02,9
21		20	00:40:32	Schmitz, Peter	154		Erler-Sportgemeinschaft	1959	2	M50	04:03,2
22		21	00:41:10	König, Gerd	305		LAG Krefeld-Linn	1964	7	M45	04:07,0
23		22	00:41:40	Scheier, Jörg	42		Bottrop	1976	6	M30	04:10,0
24	W	2	00:41:40	Just, Gladys	295		Angerland LT Lintorf	1974	2	W35	04:10,0
25		23	00:41:41	Glienke, Rainer	208		Die Stolperer	1963	8	M45	04:10,1
26		24	00:41:43	Herholz, Volkmar	128		AS Neukirchen-Vluyn	1967	6	M40	04:10,3
27		25	00:42:13	Lachmann, Guido	263		Homberger TV	1966	7	M40	04:13,3
28		26	00:42:17	Giersch, Andreas	3		Stadtwerke Duisburg	1974	1	M35	04:13,7
29		27	00:42:18	Markgraf, Jonas	270		OSC 04 Rheinhausen	1980	7	M30	04:13,8
30		28	00:42:23	Röthling, Axel	288		ESV Meiderich	1958	3	M50	04:14,3
31		29	00:42:25	Wiedelbach, Frank	183		Rumelner TV	1964	9	M45	04:14,5
32		30	00:42:34	Henning, Rainer	90		Rumelner TV	1961	10	M45	04:15,4
33		31	00:42:43	Lappe, Rolf	125		Die Stolperer	1959	4	M50	04:16,3
34		32	00:42:54	Hecker, David	82		Rumelner TV	1986	2	MHK	04:17,4
35		33	00:42:57	Lange, Bodo	153		SV Beeckerwerth	1941	1	M65	04:17,7
36		34	00:43:34	Echtenbruck, Dieter	120		Moers	1954	1	M55	04:21,4
37		35	00:43:44	Leschinski, Günter	278		LT Moers 06	1942	2	M65	04:22,4
38		36	00:44:00	Albrecht, Jörg	299		Duisburg	1967	8	M40	04:24,0
39		37	00:44:32	Peters, Michael	31		Duisburg	1979	8	M30	04:27,2
40		38	00:44:37	Gersch, Jürgen	148		Moerser TV	1956	5	M50	04:27,7
41		39	00:44:44	Detti, Manuel	275		Team Rodetti	1973	2	M35	04:28,4
42		40	00:44:45	Hartmann, Fred	269		Die Stolperer	1961	11	M45	04:28,5
43		41	00:44:54	Gerhards, Michael	29		LTLS Düsseldorf	1970	9	M40	04:29,4
44		42	00:45:22	Echtenbruck, Peter	273		TV Walsum-Aldenrade	1956	6	M50	04:32,2
45		43	00:45:29	Roddeck, Markus	274		Team Rodetti	1968	10	M40	04:32,9
46		44	00:45:42	Hecker, Jens	83		Rumelner TV	1986	3	MHK	04:34,2
47		45	00:45:45	Ullitzka, Michael	41		BSG Stadtwerke Duisburg	1986	4	MHK	04:34,5
48		46	00:45:53	Ulrich, Gores	207		Duisburg	1960	7	M50	04:35,3
49		47	00:45:54	Kassen, Thorsten	262		AS Neukirchen Vluyn	1968	11	M40	04:35,4
50		48	00:45:58	Müller, Ralf	121		Schnaufgruppe	1956	8	M50	04:35,8
51		49	00:45:59	Schütze, Daniel	114		Rumeln Runners	1975	3	M35	04:35,9
52		50	00:46:02	Jochims, Jörg	298		Fighting Surgeons	1961	12	M45	04:36,2
53		51	00:46:13	Martinez, Jose	156		Duisburg	1951	2	M55	04:37,3
54	W	3	00:46:41	Krämer, Sabrina	178		LC Duisburg	1981	1	WHK	04:40,1
55		52	00:46:44	Severin, Tobias	293		LGO Bochum	1975	4	M35	04:40,4
56		53	00:46:48	Nitschke, Dirk	92		Rumelner TV	1963	13	M45	04:40,8
57		54	00:46:52	Dillmann, Marc	184		Gladbeck	1979	9	M30	04:41,2
58		55	00:47:11	Damrath, Frank	235		Rumelner TV	1965	14	M45	04:43,1
59		56	00:47:14	Koschlitzi, Norbert	200		Eintracht Duisburg	1963	15	M45	04:43,4
60	W	4	00:47:14	Krüger, Katrin	206		TV St. Hubert	1969	1	W40	04:43,4



Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
61		57	00:47:15	May, Axel	304		DLRG	1968	12	M40	04:43,5
62		58	00:47:44	Jares, Klaus	211		Rumelner TV	1946	1	M60	04:46,4
63		59	00:48:02	Schoemann, Thorsten	24		DRS	1975	5	M35	04:48,2
64		60	00:48:03	Wettengel, Rene	38		Moers	1971	6	M35	04:48,3
65		61	00:48:04	Dza, Christian	23		Düsseldorf	1977	10	M30	04:48,4
66		62	00:49:03	Meier, Christoph	309		SC Langenhagen	1967	13	M40	04:54,3
67		63	00:49:06	Boes, Achim	157		BKK Demag	1959	9	M50	04:54,6
68	W	5	00:49:15	Dorn, Britta	291		LC Duisburg	1969	2	W40	04:55,5
69		64	00:49:21	Milk, Andreas	155		Kamen	1966	14	M40	04:56,1
70	W	6	00:49:37	Pautzke, Catrin	280		LC Duisburg	1961	1	W45	04:57,7
71		65	00:49:37	Schubert, Michael	281		BSG Stadtwerke Duisburg	1969	15	M40	04:57,7
72		66	00:49:38	Feltgen, Rüdiger	210		Rumelner TV	1959	10	M50	04:57,8
73		67	00:49:48	Nüse, Siegfried	267		TuS Hamborn-Neumühl	1946	2	M60	04:58,8
74		68	00:49:48	Schaake, Markus	164		Moers	1983	5	MHK	04:58,8
75	W	7	00:50:01	Metternich, Melanie	297		Palma Runners	1976	1	W30	05:00,1
76		69	00:50:05	Beckmann, Micha	296		Palma Runners	1965	16	M45	05:00,5
77		70	00:50:09	Hendricksen, Hans-Joachi	25		TSV Quakenbrück	1959	11	M50	05:00,9
78		71	00:50:26	Sattler, Wolfgang	253		Rumelner TV	1965	17	M45	05:02,6
79		72	00:50:33	Wolf, Horst	294		Duisburg	1951	3	M55	05:03,3
80	W	8	00:50:41	Vogt, Petra	96		Rumelner TV	1961	2	W45	05:04,1
81	W	9	00:51:01	Kock, Julia	91		Rumelner TV	1992	1	WJugA	05:06,1
82		73	00:51:07	Ahlemeyer, Klaus	89		Rumelner TV	1943	3	M65	05:06,7
83		74	00:51:44	Kahlert, Gerald	47		Duisburg	1965	18	M45	05:10,4
84		75	00:51:47	Heldt, Ulrich	307		Wermelskirchen	1953	4	M55	05:10,7
85		76	00:51:54	Wachholz, Tomas	94		Rumelner TV	1961	19	M45	05:11,4
86		77	00:51:55	Schlothmann, Heinz	171		Rumelner TV	1975	7	M35	05:11,5
87	W	10	00:52:16	König-Schröter, Manuela	308		Die Stolperer	1963	3	W45	05:13,6
88		78	00:52:18	Krüger, Stefan	282		Apotheke Mattenklotz	1969	16	M40	05:13,8
89		79	00:52:19	Krüger, Michael	284		Apotheke Mattenklotz	1972	8	M35	05:13,9
90	W	11	00:52:20	Voll, Susanne	286		Rumelner TV	1966	3	W40	05:14,0
91	W	12	00:52:21	Detti, Sonja	276		Team Rodetti	1972	3	W35	05:14,1
92		80	00:52:49	Wäldchen, Ulrich	98		Rumelner TV	1955	5	M55	05:16,9
93		81	00:52:54	Buchner, Benedict	186		HombergerTV	1995	1	MJugB	05:17,4
94		82	00:52:55	Vahland, Frank	4		MSV Duisburg	1974	9	M35	05:17,5
95		83	00:53:26	Schötten, Werner	264		TuS Hamborn-Neumühl	1945	4	M65	05:20,6
96		84	00:53:34	Atze, Marcel	173		KFZ Atze	1981	6	MHK	05:21,4
97		85	00:53:48	De Pace, Graziano	174		KFZ Atze	1980	11	M30	05:22,8
98	W	13	00:53:51	Litz, Hildegard	145		Die Stolperer	1956	1	W50	05:23,1
99	W	14	00:53:58	Becker, Stephanie	300		Duisburg	1981	2	WHK	05:23,8
100	W	15	00:55:28	Schwarz, Ilona	159		Duisburg	1959	2	W50	05:32,8
101	W	16	00:55:29	Winnands, Marion	106		Die Stolperer	1977	2	W30	05:32,9
102		86	00:55:57	Ettwig, Wolfgang	22		Die Stolperer	1951	6	M55	05:35,7
103	W	17	00:56:59	Kock, Sabine	87		Rumelner TV	1965	4	W45	05:41,9
104	W	18	00:57:48	Friese, Martina	16		LG adesso Dortmund	1977	3	W30	05:46,8
105		87	00:57:49	Friese, Gustav	18		Duisburg-Rumeln	1944	5	M65	05:46,9
106		88	00:57:52	Arens, Armin	77		Moerser TV	1963	20	M45	05:47,2
107	W	19	00:58:33	Cadeddu, Susanne	126		Essen	1977	4	W30	05:51,3
108		89	00:59:10	Tiegelkamp, Stefan	301		Neukirchen-Vluyn	1996	2	MJugB	05:55,0
109	W	20	00:59:11	van de Bruck, Heike	119		LC Duisburg	1968	4	W40	05:55,1
110		90	01:00:34	Martinez, Roberto	158		BKK Demag	1978	12	M30	06:03,4
111		91	01:00:36	Bliesner, Friedhelm	279		Duisburg	1948	3	M60	06:03,6
112		92	01:04:20	Kober, Raphael	71		Essen	1984	7	MHK	06:26,0
113		93	01:04:44	Vogt, Wolfgang	97		Rumelner TV	1949	4	M60	06:28,4
114		94	01:05:06	Gillat, Helmut	95		Rumelner TV	1945	6	M65	06:30,6
115	W	21	01:05:09	Geißler, Andrea	81		Rumelner TV	1964	5	W45	06:30,9
116		95	01:05:10	Hecker, Klaus	80		Rumelner TV	1958	12	M50	06:31,0
117	W	22	01:05:55	Hendricksen, Heike	26		TSV Quakenbrück	1961	6	W45	06:35,5
118		96	01:07:25	Brouwers, Michael	8		Duisburg	1961	21	M45	06:44,5
119		97	01:13:08	Kaffanke, Paul	73		Rumelner TV	1947	5	M60	07:18,8
120		98	01:13:09	Gerig, Marc	70		Mülheim/Ruhr	1976	13	M30	07:18,9

Volksparklauf Duisburg



10 km

So., 13. Juni 2010

OSC Rheinhausen

TEAMSOFT-SPORTZEIT.DE

Rang	G	Platz	Zeit	Name	St.-Nr	NAT	Verein	Jahr	PAK	AK	Min/KM
121	W	23	01:15:50	Seifert-Brouwers, Iris	9		Duisburg	1961	7	W45	07:35,0